
TITLE: Adult Ally Host, Disable the Label

HOURS: April – July: 2-3 Hours per week; July 13-18 approximately 40 hours (On-site at Disable the Label)

START: April 2025

END: July 18th, 2025

CONTRACT TYPE: Volunteer

COMPENSATION: Honorarium \$200

REPORTS TO: Program Manager, Youth Partnerships

POSITIONS AVAILABLE: 1

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About The Organization:

The New Mentality is a program of Children's Mental Health Ontario. We are a provincial network of youth and adult allies working to amplify youth voice to influence change within the mental health system in Ontario. Our work is grounded in the belief that youth experiencing mental illness must contribute to building and improving the mental health system. We have a provincial network of youth groups that work directly with service providers to improve services and reduce stigma in their local communities.

Program Nature and Scope:

Disable The Label, also known as DTL, is our annual summer training retreat for young community leaders and their adult allies in the mental health system. Since 2007, The New Mentality has hosted a leadership retreat called Disable the Label (DTL) for our provincial network. The event brings together over 100 participants, including youth leaders, young organizers, and adult allies from across the province, who gather to learn and enhance their mental health advocacy skills, share their local projects, and build meaningful connections. At Disable the Label, we grow our capacity to be mental health advocates and use our voices to make a positive change in the children and youth mental health system in Ontario.

About The Position:

The Disable the Label hosting team is looking for one Adult Ally to join the hosting team and play an active role in ensuring a smooth and engaging experience for all participants. You will assist in various activities, co-hosting or leading a session, assisting with any onsite operational support, and help create a positive and inclusive environment. Adult Allies play an important role in facilitating TNM groups across the province, and in supporting and animating our province-wide initiatives. Through this role, they gain important insight into youth engagement practices and general perspectives, priorities, and needs of the youth that they work with. In addition to providing general facilitation and hosting support, the Adult Ally will also be invited to share from this perspective.

Overview of Responsibilities:

The Adult Ally team member will be expected to act in a responsible, mature, and respectful manner to any situation that might arise during program time with youth and to uphold the guidelines and expectations that are established for participants.

The duties under the terms of this position will include:

- Welcome and guide attendees, answer questions, and provide support throughout the retreat.
- Participate in virtual pre-event planning weekly/biweekly April-July
- Co-facilitate workshops and group discussions on mental health advocacy, youth empowerment, and system change, ensuring youth voices are central to the conversation.
- Help set up and break down retreat areas, including arranging seating, distributing materials, and preparing activity spaces.
- Participate in and encourage involvement in team-building exercises, discussions, and interactive sessions.
- Upholding the guidelines and expectations that are established for youth participants
- Sharing the CMHO mission and values

Eligibility:

- Must be available for dates: July 13th-July 18th, 2025
- Have taken on leadership roles in TNM Groups or other youth engagement initiatives
- General experience with youth engagement in mental health
- Have previously attended Disable the Label, New Mentality Advisory Retreat, or other network events or retreats is an asset
- Icebreaker/energizer and/or team building skills is an asset

The New Mentality aims to include diverse representation with respect to age, neighbourhood, cultural background, socio-economic status, and gender identity.

DIVERSITY, EQUITY, AND ACCOMMODATION:

The New Mentality is committed to having a workforce that is reflective of the diversity of Ontario's population in general and of our members in particular. We strongly encourage applications from racialized persons, Indigenous persons, persons with disabilities, persons of diverse sexual orientation, gender identity and gender expression and all those who can provide and contribute to diversification of perspective at The New Mentality.

The New Mentality is committed to hiring practices that are inclusive and barrier free. The New Mentality will provide reasonable and appropriate accommodation during all stages of the hiring process in accordance with the Ontario Human Rights Code in order to ensure the equal and fair assessment of all job applicants. Applicants are asked to make any accommodation request in advance.